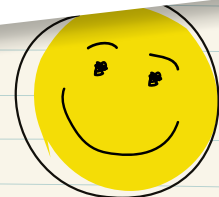


W

HAT'S FOR LUNCH THIS SUMMER...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJee Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

In Partnership with:



If you or your child have a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.mycaterlink.co.uk/gcc
email: info@caterlinkltd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**.
We hope your child enjoys our new menus.



www.mycaterlink.co.uk/gcc

Please visit the website for current updates



FRESH
+
HEALTHY
=
TASTY



DISCOVERY DAYS AVAILABLE THIS TERM



Available at participating schools only.

Is your child entitled to a free school meal?



Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.



ONE

TWO

THREE

AVAILABLE
EVERY DAY...

11th Apr, 2nd May, 23rd May,
20th June, 11th July

18th Apr, 9th May, 6th June,
27th June, 18th July

25th Apr, 16th May, 13th June,
4th July

Sausages with Mashed Potatoes & Gravy
Vegetarian Sausages with Mashed Potatoes & Gravy
Jacket Potato with Cheese
Cauliflower & Garden Peas
Carrot & Sultana Cake
Yoghurt / Fresh Fruit Platter

Organic Beef Lasagne with Garlic Bread
Cheese & Leek Quiche with New Potatoes
Jacket Potato with Tuna
Broccoli & Sweetcorn
Chocolate Sponge with Chocolate Sauce
Yoghurt / Fresh Fruit Platter

Roast Loin of Pork with Roast Potatoes & Gravy
Creamy Vegetable Pie with Roast Potatoes
Jacket Potato with Beans
Mixed Seasonal Vegetables
Fruit Jelly & Ice Cream
Yoghurt / Fresh Fruit Platter

Organic Beef Cottage Pie
Quorn & Vegetable Curry & Rice
Jacket Potato with Tuna
Mixed Peppers & Broccoli
Banana Loaf with Custard
Yoghurt / Fresh Fruit Salad

Fish Fingers with Chips
French Bread Pizza with Chips
Jacket Potato with Beans
Baked Beans & Garden Peas
Apple Flapjack
Yoghurt / Fresh Fruit Platter

Chicken Neapolitan Pasta with Spinach
Cheese & Pepper Whirl with Jacket Wedges
Jacket Potato with Cheese
Garden Peas & Sweetcorn Mix
Iced Sponge
Yoghurt / Fresh Fruit Salad

Beef Burger in a Bun
Quorn & Vegetable Stir Fry with Rice
Jacket Potato with Tuna
Carrots & Coleslaw
Orange Triangle with Custard
Yoghurt / Fresh Fruit Platter

Roast Turkey with Roast Potatoes & Gravy
Lentil & Vegetable Quorn Roast with Roast Potatoes
Jacket Potato with Beans
Mixed Seasonal Vegetables
Chocolate Krispie Cake
Yoghurt / Fresh Fruit Salad

Organic Beef Spaghetti Bolognese
Vegetable Fajitas
Jacket Potato with Tuna
Broccoli & Sweetcorn
Fruit crumble with Custard
Yoghurt / Fresh Fruit Platter

Battered Fish & Chips
Red Pepper Frittata with Chips
Jacket Potato with Beans
Baked Beans & Garden Peas
Lemon Drizzle Cake
Yoghurt / Fresh Fruit Platter

Ham & Pineapple Pizza with Wedges
Carrot, Courgette & Bean Sausage with New Potatoes & Gravy
Jacket Potato with Cheese
Sweetcorn & Coleslaw
Chocolate Oaty Square
Yoghurt / Fresh Fruit Salad

Chicken Curry with Rice
Macaroni Cheese
Jacket Potato with Tuna
Cabbage & Carrots
Marble Cake with Custard
Yoghurt / Fresh Fruit Platter

Roast Gammon with Baby Roast Potatoes & Gravy
Vegetarian Wellington with Roast Potatoes
Jacket Potato with Beans
Mixed Seasonal Vegetables
Iced Shortcake
Yoghurt / Fresh Fruit Salad

Beef Meatballs with Rice
Vegetable Tortilla Stack
Jacket Potato with Tuna
Green Beans & Cauliflower
Pineapple Upside Down Cake & Custard
Yoghurt / Fresh Fruit Platter

Fishwich in a Bun with Chips
Homemade Spicy Vegetable Burger with Chips
Jacket Potato with Beans
Garden Peas & Baked Beans
Chocolate Beetroot Brownie
Yoghurt / Fresh Fruit Salad

Jacket Potatoes

freshly cooked daily, with a choice of fillings where advertised.

Bread

freshly baked on site daily

Daily salad selection

there will be a selection of salad items available daily

Fresh Fruit & Yoghurt

available daily

WE USE LOCALLY
SOURCED INGREDIENTS
WHEN AVAILABLE
AND IN SEASON

All our menus are
nutritionally analysed to
ensure they meet and in
most cases exceed
The School Food Standards

We hope your child enjoys
our new menus.

Menus could be subject to
local change, please check
your child's school for any
bespoke changes.

V Vegetarian option

 Oily fish

 Marine Stewardship
Council details
Web: www.msc.org
Chain of Custody
Registration Code
MML - C 1009

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY